

## Patient Self-Assessment Form

*Are you at risk of colorectal cancer?*

Now is a good time to talk with your doctor about colorectal cancer. Before you go to see your doctor, take a few minutes to answer the questions below. It will help your doctor evaluate your risk and decide whether you should have a colonoscopy.

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**Print out this form, answer the questions, and take it with you on your next doctor visit.**

1. Have you seen any blood on your toilet tissue after you have a bowel movement?  
 Yes       No
  2. Have you noticed any blood in your stool?  
 Yes       No
  3. Do you have any pains in your stomach or rectum?  
 Yes       No
  4. Have you lost weight without dieting?  
 Yes       No
  5. Have you ever had cancer of the colon or rectum?  
 Yes       No
  6. Have you ever had polyps (growths) in your colon or rectum?  
 Yes       No
  7. Has your mother, father, sister, brother, or child ever had polyps in their colon or rectum?  
 Yes       No
  8. Have any of your blood relatives had cancer of the colon or rectum?  
 Yes       No
  9. Have you, your mother, sisters, or daughter had cancer of the breast, ovary or uterus?  
 Yes       No
  10. Have you, your father, brothers, or sons had cancer of the prostate?  
 Yes       No
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Is it time for you to have a colonoscopy? If so, contact Chicago Endoscopy Center today!

